

Virtual Conference
03.12.21 – Day of Persons with Disabilities

NO MEANS NO
WOMEN WITH DISABILITIES RESIST VIOLENCE

10:30 – 11:00

Registration, welcome and accessibility introduction, Liz Chornenki, *Moderator*

11:00 – 11:15

Introduction, Helena Dalli, *European Commissioner for Equality*

11:15 – 11:30

The NO MEANS NO project and feminist self-defence for women with disabilities, Irene Zeilinger, *Garance*

11:30 – 11:45

Presentation of results in France, Diane Kachour, *Faire Face*

11:45 – 12:00

Q&A

12:00 – 13:00 Lunch Break

13:00 – 13:15

Presentation of results in Germany, (tbc), *Bundesfachverband Feministische Selbstbehauptung und Selbstverteidigung*

13:15 – 13:30

Presentation of results in Poland, Ewa Rutkowska & Agata Teutsch, *Autonomia*

13:30 – 13:45

Presentation of results in Belgium, Dorothee Van Avermaet, *Garance*

13:45 – 14:00

Q&A

14:00 – 14:10 Break

14:10 – 14:30

Violence against women with disabilities, Dr. Monika Schröttle, *University of Applied Sciences of Ravensburg-Weingarten & Institute for Empirical Sociology at Nürnberg University*

14:30 – 14:50

Feminist self-defence as primary prevention, Liz Kelly, *London Metropolitan University*

14:50 – 15:10

Feminist self-defence for women with disabilities, Lydia La Riviere Zijdel, *Stichting Lydia Zijdel Foundation*

15:10 – 15:30

Q&A

15:30 – 15:40 Break

15:40 – 16:00

Women with disabilities' active role in combating violence through feminist self-defence, Carina Tränkner, *frauen.stärken.frauen*

16:00 – 16:20

Conclusions, Evelyn Regner, *Chair of the Women's Rights and Gender Equality Committee of the European Parliament*

Official language of the conference: English and International Sign Language. To **improve accessibility**, it will include simultaneous translation into International sign language, simultaneous transcription, and Easy-to-Read presentations. The conference will also be translated simultaneously to French and Belgian-French Sign Language.

This conference is part of the **European project NO MEANS NO** for the primary prevention of violence against women with disabilities. No Means No strives to make the individual and collective resources and resistance of women with disabilities visible and to strengthen them. The project brings together **seven partner organisations** from Belgium, France, Germany and Poland.

<https://nomeansno.eu>

Agata Teutsch

Agata Teutsch is an expert on women's human rights and gender based violence prevention. She is a WenDo–feminist self defence trainer, antidiscrimination and empowerment educator and supervisor and she has developed e.g. the anti-discrimination education program "Nobody is Born with Prejudice", WenDo Training Academy, "Anti-discrimination standard for universities", Girl's Empowerment Center in Cracow. She focuses on strengthening the courage, independence and solidarity of women* and girls*, with the experience of dis-ability and ableism, trans- and homophobia etc. She is also the founder and the president of Autonomy foundation from Poland.

Bundesfachverband Feministische Selbstbehauptung und Selbstverteidigung

BV FeSt e.V. was founded in 2002 and is the federal association alliance of self-defence teachers and other feminists who support the organisation's objectives. By providing information and education about all forms and causes of discrimination, paternalism and sexualised violence, BV FeSt aims to create awareness for the right to a self-determined, life free of violence and to counteract and prevent sexualised violence against women.

Carina Tränkner

Carina Tränkner is a feminist self-defence and assertiveness teacher in Germany and gives Wendo courses for girls*, women*, non-binary people, transgender*people and intersexed*people with and without learning difficulties and/or physical impairments. Carina has completed her education as a Wendo teacher in the inclusive training-project "frauen.stärken.frauen" in a group of trainees with and without learning disabilities. She is also active in different intersectional feminist and emancipatory initiatives and working with refugees in Germany and European border regions as volunteer and Wendo teacher.

Diane Kachour

Diane Kachour is a project coordinator with a background in youth work and a lot of experience in popular education, particularly in organising professional training for adults in this field. She also has a long experience in project coordination and that is the reason why, as a member of the board of Faire Face (on a volunteer basis), she was asked to coordinate the NMN project for France.

Dorothee Van Avermaet

Dorothee Van Avermaet works at Garance as a women's self-defence trainer and project worker. She works mainly with women with disabilities and with professionals from the sector. In addition to organising workshops and coordinating the self-defence trainers of the Belgian part of the No means No project, she is in charge of a "peer education for women with learning disabilities" programme and collaborates on the implementation of the "Flag System" for French-speaking Belgium.

Evelyn Regner

Evelyn Regner is the chair of the Committee on Women's Rights and Gender Equality at the European Parliament. She has been a European politician of the Social Democratic Party of Austria (SPÖ) and Member of the European Parliament since 2009. As trade unionist, her main focus has always been on labour-related affairs, namely the improvement of workers' rights and the reduction of unemployment. She dedicates her work fighting for more tax justice and to reduce inequalities in Europe with a focus on gender equality.

Ewa Rutkowska

Ewa Rutkowska is part of the Board of the Autonomia Foundation. She is also a teacher of philosophy, WenDo and self-defence trainer and assertiveness for girls* and women*, including those with disabilities, and collaborator of feminist non-governmental organisations. She enjoys working with people, as well as the exchange of thoughts, arguments and ideas.

Helena Dalli

Helena Dalli is the European Commissioner for Equality since 2019. Her responsibilities include strengthening Europe's commitment to inclusion and equality in all of its senses, irrespective of sex, racial or ethnic origin, religion or belief, disability, age or sexual orientation, as well as leading the fight against discrimination.

Irene Zeilinger

Irene Zeilinger has been working in the primary prevention of gender-based violence for almost 30 years. As a feminist self-defence trainer and sociologist, she has trained more than 6,000 women, girls and professionals in Belgium and abroad to protect themselves against violence and has published on the issue in several languages. She is the founder and current head of international affairs of Garance ASBL.

Liz Chornenki

Liz Chornenki is a Disabled fundraiser from Canada. She has been a strong voice in the disability community since childhood, and believes in the power of the community to support each other. When she isn't speaking on ableism in her field, her community, the world, she can be found taking photos, enjoying the outdoors, and volunteering to develop the leadership skills of Disabled youth.

Liz Kelly

Liz Kelly is a British professor and director of the Child and Woman Abuse Studies Unit, at the London Metropolitan University. For ten years she was co-chair, along with Marai Larasi, of the End Violence Against Women Coalition.

Lydia La Rivière -Zijdel

Lydia La Rivière-Zijdel is a self-defence and martial arts instructor, sport and physical activity trainer and patron of the Lydia Zijdel Foundation. She has been teaching self-defence to disabled girls and women all over the world for forty years. Her courses are based on a feminist analysis of violence and systems of domination. She also works as an international Consultant on Gender and Disability.

Dr. Monika Schröttle

Monika Schröttle is teaching at the University of Applied Sciences of Ravensburg-Weingarten on "Participation and Social Work" and is currently also leading research projects for the Institute for empirical sociological research at the University of Nürnberg (especially on violence in institutions for disabled people). She is an expert in violence against women and violence prevention research. She has a background in political science and interdisciplinary violence research in women's, disability and gender studies.



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